

My crazy busy Friday



Hi, my name is Alicia. I'm fourteen and, on regular days, I love to have some down time in front of the TV or my phone. However, there are days like this Friday when I am not sure if I can get everything done, let alone have time to relax!

As usual, my school starts at 9 am. Because it is Friday, I have fewer lessons, so my classes end at 2 pm. However, last week I volunteered for a school musical, and need to be back at school for the 6 pm practice. In the meantime, I promised to help my dad around his shop. It's a small local place where people come when they need to grab the newspapers, some food, or toiletries – just right when you are in a hurry. I work for him part-time, and this Friday all the Hallowe'en decorations and candies are coming in early.

Between work and practice, I will have to get back home and grab something to eat. My dad usually cooks the evening meal, as my mum often works shifts at the hospital. However, this Friday she is cooking because we have so much work to do at the shop. I hope she can make it in time! The practice won't end before 8 or 8:30 pm, but I should take care not to stay too long, as I agreed to see a film with some of my friends. It starts at 9, and I will make it just in time. I doubt I will be home before midnight, as the film lasts at least two hours. Then, if anyone is hungry, we will go and grab something to eat.

Most of this is fun (except for school, of course!), but I also need to walk my dog before I leave the house in the morning. It is when I go for a short run on other school days, but I will skip it this Friday. If I don't, I will be too tired. Since I also have a History test at school that day, I'm going to get up around 6am and revise a little.

It will really be a crazy busy day. My head is already spinning, and I have probably made a mess trying to explain when I am doing what. It would be best if I simply put everything into a planner.

Tasks:

- 1) Make a day planner for Alicia's Friday. When does she need to do which activity? Does she have any time to relax?
- 2) Make a similar planner for your own busy day. (Or it can be just any Friday, too.)
- 3) Compare them: Are there any similarities? How are they different?
- 4) Create a pie chart of your day: How many hours do you spend sleeping? At school? In front of the screen? Doing homework and studying? Outside with your friends?